



Week 2

No Social Media Posting

Second Word — Luke 23:39–43

“Today you will be with Me
in paradise.”





WEEK 2

March 1-7, 2026

FIRST WORD:

Luke 23:39-43

WEEKLY FAST:

No Social Media Posting

MONDAY, MARCH 2, 2026

Middle Management: Managing the Pain

Good Friday was not a day for Jesus to maneuver His misery. It was a day for Him to manage the middle. He is not descended into hell. He is not ascended into heaven. He is suspended between humans. The middle is not a place of comfort – it is a place of commitment. Jesus hangs between two criminals experiencing the same pain, under the same sentence, within reach of the same Savior – yet responding in radically different ways. One mocks. One repents. Same cross. Different posture. The middle is where life feels unresolved. It is where prayers feel delayed. It is where pressure is constant and progress feels slow. The middle is that elevator stuck between floors – too high to go back down, not high enough to step into what's next.

And here is the tension: Jesus is physically exhausted, yet spiritually extended.

He models middle management. Middle management is not allowing pain to poison you, not allowing people to provoke you, but allowing purpose to push you. Pain is present – but not promoted.

The nails are real. The thirst is real. The suffocation is real. Yet pain is not magnified on the cross – it is managed on the cross.

Managing pain does not mean denying it. It means not allowing it to dominate your voice.

Unmanaged pain looks for a target to hit. Managed pain becomes a testimony to be heard.

The unrepentant thief allows pain to close him. The repentant thief allows pain to open him.

Which one are you becoming in your middle?

This week you are fasting from social media posting. Why? Because sometimes the middle tempts us to broadcast our frustration instead of process our formation. Silence creates space for spiritual stability.

The devotional truth for today is this:

You can be stretched without being shattered.

If Jesus can find purpose in agony, you can find purpose in adversity.

If you are going to loveWELL, liveWELL, and leadWELL, you must manage the middle.

REFLECTION:

*Where are you stuck in
the middle right now?
Is pain defining you —
or refining you?*

PRAYER:

Lord, help me manage my pain without magnifying it. Keep my spirit clean while my circumstances are complicated. Let purpose push me forward in the middle. Amen.



WEEK 2

March 1-7, 2026

FIRST WORD:

Luke 23:39-43

WEEKLY FAST:

No Social Media Posting

THURSDAY, MARCH 5, 2026

Middle Management: Managing the People

The cross was not only a test of pain – it was a test of people. Jesus hangs between two men. One hurls insults. One humbles himself. One resists. One repents. Same proximity. Different posture. The cross teaches us a hard truth: proximity to Jesus does not guarantee surrender to Jesus. Managing people is difficult because many people do not know how to manage themselves. Luke tells us that the unrepentant thief “kept on” mocking Jesus. The Greek verb is in the imperfect tense, meaning the ridicule was continuous. Pain had poisoned him so deeply that he tried to poison someone else with it. Some people project their chaos outward because they refuse to confront it inward.

And here is the holy tension: Jesus does not argue with the mocker. He does not chase validation. He does not waste breath defending Himself to someone committed to misunderstanding Him. He remains silent toward sarcasm – but responsive to sincerity. Discernment is knowing who to answer, who to ignore, and who to entrust to God. Managing people sometimes means refusing to carry what they refuse to control. The repentant thief says, “Remember me.” Jesus responds, “Today.”

He gives paradise to the humble and silence to the hostile. This week, while fasting from social media posting, allow this to settle in your spirit: not every voice deserves your response. Not every comment requires your correction. Not every provocation deserves your participation. Silence is not weakness. Sometimes it is wisdom. The devotional truth for today is this:

You cannot save everyone from themselves. Jesus chooses redemption over resignation. He directs traffic at the crossroads of mockery and mercy – and allows redemption to turn first.

If you are going to loveWELL, liveWELL, and leadWELL, you must manage people without letting people manage you.

REFLECTION:

*Are you arguing with
voices that are committed
to misunderstanding you?
Who needs your silence
— and who needs
your compassion?*

PRAYER:

Father, give me discernment in the middle. Help me ignore mockery and respond to sincerity. Guard my spirit from other people's chaos. Let me stay focused on purpose. Amen.